

Mohammed Schools of Atlanta Halal Breakfast & Lunch Menu - March 2019

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% White Milk, FF Chocolate Milk or FF Lactose Milk ** MENU SUBJECT TO CHANGE ~ (A) denotes Alternative

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 <i>Rise of Our Stars!</i></p> <p><i>Special Breakfast & Lunch Served!</i></p>
<p>4 Multi Grain Cheerios, WG Toast & Banana <i>National Breakfast Week</i></p> <p>-----</p> <p>Oodles of Noodles w/ Provolone & Mozzarella Cheese, Spinach, Apple Slices <i>(A) Gluten Free Pasta w veg/crumbles</i></p>	<p>5 Grilled Cheese, Turkey Bacon, Blueberries <i>National Breakfast Week</i></p> <p>-----</p> <p>Oven Baked Chicken Brown Rice, Mix Vegetable, Orange Wedges <i>(A) Veg. Chicken Patty</i></p>	<p>6 Waffle, Turkey Sausage, Banana <i>National Breakfast Week</i></p> <p>-----</p> <p>Harvest Stew w/ Rice, Corn Bread, Apple Slices <i>(A) Vegetarian meatball Sub</i></p>	<p>7 Cinnamon Oatmeal, Raisins <i>National Breakfast Week</i></p> <p>-----</p> <p>Fish Sticks, Roasted Potatoes, Green Peas, Orange Wedges <i>(A) Gluten Free Pasta w/ veggie crumbles</i></p>	<p>8 Honey Bunches of Oats, WG Toast, Banana <i>National Breakfast Week</i></p> <p>-----</p> <p>Chicken Sandwich, Garden Salad, Diced Peaches <i>(A) Vegetarian Burger</i></p>
<p>11 Whole Grain Toast w/ Jelly, Boil Egg, Apple Slices</p> <p>-----</p> <p>Mashed Potatoes, Meat balls w/ brown gravy, Green beans, Pineapple Tidbits <i>(A) Vegetarian Burger</i></p>	<p>12 French Toast Sticks, Apple Sauce</p> <p>-----</p> <p>Cheese Pizza w/ Broccoli, Peaches <i>(A) Vegetable Soup</i></p>	<p>13 Grill Cheese, Turkey Bacon, Banana</p> <p>-----</p> <p>Penne Pasta, w/ Chicken Alfredo, Whole Kernel Corn, Orange Wedges <i>(A) Gluten Free Pasta w veg/crumbles</i></p>	<p>14 Hash brown, Turkey Bacon, Strawberry</p> <p>-----</p> <p>Burger Patty, Brown Gravy, Creamed Mashed Potatoes, Sweet Peas, Peaches <i>(A) Black Bean Burger</i></p>	<p>15 Whole Wheat Pancake, Go'gurt, Pineapple Tidbits</p> <p>-----</p> <p>BBQ Sandwich, Garden Salad, Apple <i>(A) Vegetarian Hot Dog</i></p>
<p>18 Oatmeal, Raisins</p> <p>-----</p> <p>Nacho Cheese w/ meat, Garden Salad, Orange Wedges <i>(A) Grilled Cheese Sandwich</i></p>	<p>19 Grits, Cheesy Eggs, Apple Slices</p> <p>-----</p> <p>Oodles of Noodles w/ Provolone & Mozzarella Cheese Spinach, Apple Slices <i>(A) Vegetarian Crumbles w/ Mac (soy)</i></p>	<p>20 Bagel w/ Cream Cheese, Banana</p> <p>-----</p> <p>BBQ Chicken, Mashed Potatoes, Sweet Peas, Orange Wedges, Milk <i>(A) BBQ Vegetarian Chicken Patty (Soy)</i></p>	<p>21 Chicken Biscuits, Apple Sauce,</p> <p>-----</p> <p>Spaghetti w/ meat sauce, Green Beans, Fruit Cocktail, <i>(A) Spaghetti w/ vegetarian crumbles (Soy)</i></p>	<p>22 Multi Grain Cheerios, WG Toast, Banana</p> <p>-----</p> <p>Cheese Dog, French Fries, Cole Slaw, Apple <i>(A) Vegetarian Burger</i></p>
<p>25 French Toast Sticks, Apple Sauce</p> <p>-----</p> <p>Chicken Patty, Whole Kernel Corn, Corn Bread, Orange Wedges <i>(A) Grilled Cheese Sandwich</i></p>	<p>26 Assorted Cereal Bar, Cheese Stick, Banana</p> <p>-----</p> <p>Mashed Potatoes, Meat balls w/ brown gravy, Green beans, Apple <i>(A) Pasta w Alfredo no meat</i></p>	<p>27 English Muffin, w/ Assorted Jelly, Fruit Cocktail</p> <p>-----</p> <p>Cheese Tortellini, w/ Red Sauce, Mix Vegetable, Diced Peaches <i>(A) Gluten Free Pasta w/ veggie crumbles</i></p>	<p>28 Waffle Turkey Sausage, Raisins</p> <p>-----</p> <p>Lentils of the Southwest, Brown Rice, Italian Medley <i>(A) Vegetable Soup</i></p>	



Contact Information: Simplyelegantandmore@gmail.com ~ 404.735.6765 ~ simplyelegantandmore.com

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