

# Mohammed Schools of Atlanta Halal Breakfast & Lunch Menu - December-2018

\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% MILK or FF Chocolate Milk. \*\* MENU SUBJECT TO CHANGE ~ (A) denotes Alternative\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p><b>3</b>  <b>Breakfast</b> –Cheerios w/ Toast, Fruit Cocktail, Milk  <b>Lunch</b> – Spaghetti w/ meat sauce, Kale Salad, Orange Wedges, FF Chocolate Milk  <b>(A)-Vegetarian Burger (soy)</b></p>	<p><b>4</b>  <b>Breakfast</b> – French Toast, Sausage, Banana, ilk  <b>Lunch</b> – Oven Fried Chicken, Brown Rice, Mix Veggie, Watermelon, FF Chocolate Milk  <b>(A)-Vegetarian Burger (soy)</b></p>	<p><b>5</b>  <b>Breakfast-</b> Maple Cinnamon Oatmeal, Raisins, Milk  <b>Lunch-</b> Chicken Fingers, Creamy Mac N Cheese, Green Beans, , Diced Pears, FF Chocolate Milk <b>(A)- P &amp; J sandwich</b></p>	<p><b>6</b>  <b>Breakfast</b> Bagel w/ cheese, sliced apples, Milk  <b>Lunch-</b> BBQ Meat Sauce Sandwich, Carrots, , Peaches, Milk  <b>(A)-Spaghetti w vegetarian meat (soy)</b></p>	<p><b>7</b>  <b>Breakfast-</b> Biscuit, Bacon, Milk  <b>Lunch-</b> Nachos, Garden Salad, Apples, FF Chocolate Milk  <b>(A)-Cheese Pizza</b></p>
<p><b>10</b>  <b>Breakfast-</b> Breakfast Bar, Gogurt, Milk  <b>Lunch-</b> Fish Sandwich, Roasted Potatoes, Orange Wedges, FF Chocolate Milk  <b>(A)-BBQ Vegetarian Chicken Patty</b></p>	<p><b>11</b>  <b>Breakfast-</b> Cheese Bagel, Banana, Milk  <b>Lunch-</b> General TSO Chicken                      Brown Rice, Sweet Peas, Tropical Fruit, , Milk  <b>(A)-BBQ Vegetarian Chicken Patty</b></p>	<p><b>12</b>  <b>Breakfast-</b> Peach Muffin, String Cheese, Pears, Milk  <b>Lunch-</b> <b>Beef Stroganoff w/ Meatballs</b> , Mixed Vegetable, Apple, FF Chocolate Milk  <b>(A)- Grilled Burger</b></p>	<p><b>13</b>  <b>Breakfast-</b> Cheerios w/ Toast, Raisins, Milk  <b>Lunch-</b> Brunch 4Lunch                      Chicken &amp; Waffle, Spinach, Orange Wedges, Milk  <b>(A)-Peanut Butter &amp; Jelly Sandwich</b></p>	<p><b>14</b>  <b>Breakfast-</b> French Toast w/syrup, Boil Egg, Applesauce, Milk  <b>Lunch</b> – Hot Dog, Baked Beans, Salad w/ Italian Dressing, Apple Slices, Milk  <b>(A)-Veg. Corndog</b></p>
<p><b>17</b>  <b>Breakfast-</b> Cinnamon Oatmeal, Raisins, Milk  <b>Lunch-</b> Beef a roni, Italian Medley, Corn Bread, Peaches, Milk <b>(A)-Vegetarian Meatloaf (Tofu)</b></p>	<p><b>18</b>  <b>Breakfast-</b> Pancake w/ Bacon, Banana, Milk  <b>Lunch-</b> Seasoned Chicken Drumsticks                      Black eye Peas, Brown Rice, Orange Wedges, Milk <b>(A)-Vegetarian Chicken Nuggets (soy)</b></p>	<p><b>19</b>  <b>Breakfast-</b> Bagel w/ Cheese, sliced apples, Milk  <b>Lunch-</b> Spaghetti w/ meat sauce, Kale Salad, Orange Wedges, FF Chocolate Milk  <b>(A)-Vegetarian Bag Lunch)</b></p>	<p><b>20</b>  <b>Breakfast-</b> Maple Cinnamon Oatmeal, Raisins, Milk  <b>Lunch-</b> Chicken Fingers, Creamy Mac N Cheese, Green Beans, , Diced Pears, FF Chocolate Milk <b>(A)- P &amp; J sandwich</b></p>	<p><b>21</b>  <b>Breakfast</b> Cereal Bar w/ yogurt, grapes, Milk  <b>Lunch-</b> Bag Lunch ½ Day</p>
<b>24-WINTER BREAK</b>	<b>25-WINTER BREAK</b>	<b>26-WINTER BREAK</b>	<b>27-WINTER BREAK</b>	<b>28-WINTER BREAK</b>



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