

Mohammed Schools of Atlanta Halal Breakfast & Lunch Menu – November-2018

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% MILK or FF Chocolate Milk. ** MENU SUBJECT TO CHANGE ~ (A) denotes Alternative

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BREAKFAST – Hash Brown, Boil Egg, Apple Sauce, Milk Lunch – Chicken Sandwich, Lettuce & Tomatoes Peaches, FF Chocolate Milk (A)-Grilled Cheese Sandwich	2 BREAKFAST – Grill Cheese, Fruit Cocktail, Milk Lunch – Fiestada Pizza Mex.. Toppings (Salsa, shredded Lettuce and black Olives, Cheese), Mandarin Oranges, Milk (A)-Vegetarian Pizza/ crumbles (soy)
5 Breakfast – French Toast Stick, Fruit Cocktail, Milk Lunch – Beef-aroni, Green Beans, Applesauce, FF Chocolate Milk (A)-Vegetarian Burger (soy)	6 Breakfast – Hash Brown , Eggs, Fruit Cocktail, Milk Lunch – Sweet & Sour Chicken, Angel Hair Pasta, Broccoli, Pineapple, FF Chocolate Milk (A)-Vegetarian Burger (soy)	7 Breakfast- English Toast w/ Jelly, Peaches, Milk Lunch- Creamy Mac N Cheese, Cauliflower, Fruit Cocktail, Milk (A)- P & J sandwich	8 Breakfast Bagel w/ cream cheese, Raisins, Milk Lunch- BBQ Meat Sauce Sandwich, Baked Fries, Green Salad w/ Italian Dressing, Peaches, Milk (A)-Spaghetti w vegetarian meat (soy)	9 Breakfast- Peach Biscuits, Bacon, Milk Lunch- Meatball, Mashed potato w/ gravy, Mixed Vegetable, Peaches Milk (A)-Cheese Pizza
12 Breakfast- Maple Cinnamon Oatmeal, Banana, Milk Lunch- Grill Cheese Sandwich Tomato Soup, Carrot, Tropical Fruit, FF Chocolate Milk (A)-BBQ Vegetarian Chicken Patty	13 Breakfast- Cinnamon Oatmeal , Apple Slices, Milk Lunch- Korean style BBQ Chicken Brown Rice, Sweet Peas, Pears, Milk (A)-BBQ Vegetarian Chicken Patty	14 Breakfast- Peach Muffin, String Cheese, Pears, Milk Lunch- Chicken Sandwich, Lettuce & Tomatoes Peaches, FF Chocolate Milk (A)- Grilled Burger	15 Breakfast- Cheerios w/ Toast, Raisins, Milk Lunch- Brunch 4Lunch Chicken & Waffle, Spinach, Orange Wedges, Milk (A)-Peanut Butter & Jelly Sandwich	16 Breakfast – Sausage Biscuits, , Oranges, Milk Lunch – Hot Dog, Baked Beans, Salad w/ Italian Dressing, Orange Wedges, Milk (A)-Veg. Corndog
19 Breakfast- Waffle, Apple Sauce, Milk Lunch- Sliced Turkey, Mashed Potatoes w/ Gravy, Collard Greens, Corn Bread, Peaches, Milk (A)-Vegetarian Meatloaf (Tofu)	20 Breakfast- Buttered Grits, Apple, Milk Lunch- Seasoned Chicken Drumsticks Black eye Peas, Brown Rice, Orange Wedges, Milk (A)-Vegetarian Chicken Nuggets (soy)	21 Breakfast- Cereal Bar, Yogurt, , Banana, Milk Lunch- Bag Lunch (A)-Vegetarian Bag Lunch)	22 	23 
26 Breakfast- Cereal Bar, Gogurt, Raisin Milk Lunch- Beef-a-Roni, Green Beans, Applesauce, Milk (A)- Veggie Protein Cauliflower Mix	27 Breakfast - Buttered Grits, Apple, Milk Lunch- Sweet & Sour Chicken, Pasta, Green Beans, Orange Wedges, Milk (A)- Vegetarian Sweet & Sour Pattie	28 Breakfast- Blueberry Muffin, Yogurt, Banana Milk Lunch- Nacho w/ meat sauce, Baked Fries, Black Beans, Apple, Milk (A)- Vegetarian Grilled Burger	29 Breakfast – Hash Brown, Boil Egg, Apple Sauce, Milk Lunch – Chicken Sandwich, L & T, Peaches, FF Chocolate Milk	



Contact Information: Simplyelegantandmore@gmail.com ~ 404.735.6765~simplyelegantandmore.com

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			(A)-Grilled Cheese Sandwich	
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