

Mohammed Schools of Atlanta Halal Breakfast & Lunch Menu - September-2018

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% MILK. ** MENU SUBJECT TO CHANGE ~ (A) denotes Alternative

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>4</p> <p>Breakfast – Cereal Bar, Yogurt, Fruit Cocktail, Milk</p> <p>Lunch – Meatball Sub w/Mozzarella Roasted Potatoes Orange Wedges, Milk</p> <p>(A)-Vegetarian Burger (soy) </p>	<p>5</p> <p>Breakfast – Blueberry Muffin w/ string Cheese, Banana, Milk</p> <p>Lunch – Oven Baked BBQ Chicken Brown Rice, Corn, Watermelon, Milk</p> <p>(A)-Vegetarian Burger (soy)</p>	<p>6</p> <p>Breakfast – Egg and Cheese Biscuit, Apple Sauce, Milk</p> <p>Lunch – Fish Sticks Mashed Potatoes Mix Vegetables Pineapple Tidbits</p> <p>Milk (A)-Vegetarian Burger (soy)</p>	<p>7</p> <p>Breakfast – French Toast Sticks, Bacon, Fruit Cocktail, Milk</p> <p>Lunch – Hot Dog Baked Beans Green salad with Italian Dressing Orange Wedges Milk</p> <p>(A)-Vegetarian Burger (soy)</p>
<p>10</p> <p>Breakfast – Grits & Eggs, Apple, Milk</p> <p>Lunch – Baked Macaroni and Cheese Steamed Broccoli Wheat Bread Peaches Milk</p> <p>(A)-Vegetarian Burger (soy)</p>	<p>11</p> <p>Breakfast – Hash Brown , Eggs, Fruit Cocktail, Milk</p> <p>Lunch – Sweet & Sour Chicken, Pasta, Sweet Peas, Apple, Milk</p> <p>(A)-Vegetarian Burger (soy)</p>	<p>12</p> <p>Breakfast- Honey Nut Cheerios, Banana Milk</p> <p>Lunch- American Hamburger (cheese is optional) Baked Fries</p> <p>Pears  Milk</p> <p>(A)- P & J sandwich</p>	<p>13</p> <p>Breakfast Cinnamon Oatmeal, Raisins, Milk</p> <p>Lunch- Spaghetti w/meat sauce Corn on Cob, Wheat Bread, Fruit Cocktail, Milk</p> <p>(A)-Spaghetti w vegetarian meat (soy)</p>	<p>14</p> <p>Breakfast- Oatmeal, Raisins, Milk</p> <p>Lunch- Pepperoni Pizza Green Salad w/ Italian Dressing Pineapple Tidbits Milk</p> <p>(A)-Cheese Pizza</p>
<p>17</p> <p>Breakfast- Cereal Bar, Yogurt, Fruit Cocktail, Milk</p> <p>Lunch- Grill Cheese Sandwich Potato Wedges, Mixed Vegetables, Sliced Peaches, Milk</p> <p>(A)-Vegetarian Burger (soy)</p>	<p>18</p> <p>Breakfast- Waffle, Sausage, Fruit Cocktail, Milk</p> <p>Lunch- Oven Baked BBQ Chicken Brown Rice, Corn, Fruit Cocktail, Milk</p> <p>(A)-Vegetable Salad Bar</p>	<p>19</p> <p>Breakfast- Pancake, sausage, Peaches, Milk</p> <p>Lunch- Salisbury Steak w/gravy, mashed Black eye peas Apple , Milk</p> <p>(A)- Vegetable Salad Bar</p>	<p>20</p> <p>Breakfast- Honey Bunches of Oats, Raisins, Milk</p> <p>Lunch- Fish Sticks, Baked Fries, Green Beans, Pears, Milk</p> <p>(A)-Vegetable Salad Bar</p>	<p>21</p> <p>Breakfast – Peach Muffin , w string cheese, Banana, Milk</p> <p>Lunch – Hot Dog, Baked Beans, Salad w/ Italian Dressing, Orange Wedges, Milk</p> <p>(A)-Vegetable Salad Bar</p>
<p>24</p> <p>Breakfast- Sausage Biscuits, Apple Sauce, Milk</p> <p>Lunch- Pepperoni Pizza Green Salad w/ Italian Dressing Pineapple Tidbits, Milk</p> <p>(A)-Vegetarian Meatloaf (Tofu)</p>	<p>25</p> <p>Breakfast- Grits & Eggs, Apple, Milk</p> <p>Lunch- Seasoned Chicken Drumsticks Pinto Beans, Brown Rice, Orange Wedges, Milk</p> <p>(A)-Spaghetti w vegetarian meat (soy)</p>	<p>26</p> <p>Breakfast- Waffle, Apple Sauce, Milk</p> <p>Lunch- Meatball Sub w/Mozzarella Roasted Potatoes Orange Wedges Milk</p> <p>(A)-Vegetarian Chicken Nuggets(soy)</p>	<p>27</p> <p>Breakfast- 1/3 Less Sugar Frosted Cereal, Fresh Apple Sauce, Milk</p> <p>Lunch- Spaghetti w/meat sauce Corn on Cob, Wheat Bread, Fruit Cocktail, Milk</p> <p>(A)-Pepperoni Pizza</p>	



Contact Information: Simplelegantandmore@gmail.com ~ 404.735.6765~simplelegantandmore.com

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