

# Mohammed Schools of Atlanta Breakfast & Lunch Menu - October-2017

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Breakfast –</b> Grits & Eggs, Fresh Fruit, Milk <b>Lunch –</b> Teriyaki Chicken, Noodles, Vegetables, Fresh Fruit, Milk	<b>3</b> <b>Breakfast –</b> Cinnamon Oatmeal Fresh Fruit, Milk <b>Lunch –</b> Baked Fish, Vegetable, Fresh Fruit, Milk	<b>4</b> <b>Breakfast –</b> Bagel w/ cream cheese, Fresh Fruit, Milk <b>Lunch –</b> Spaghetti w/ meat sauce, Salad, Bread, Fresh Fruit, Milk	<b>5</b> <b>Breakfast –</b> Cold Cereal, Fresh Fruit, Milk <b>Lunch –</b> Baked Mac n Cheese , Vegetables, Corn Muffin, Fresh Fruit, Milk	<b>6</b> <b>Breakfast-</b> WW Toast w/ Bacon, Fresh Fruit, Milk <b>Lunch-</b> Turkey Pepperoni Pizza, Salad, Fresh Fruit, Milk
<b>9</b> <b>Breakfast-</b> Cheese Egg Bake w/ Hash brown, Fresh Fruit, Milk <b>Lunch-</b> Chili w/ Brown Rice , Corn Muffin, Fresh Fruit, Milk	<b>10</b> <b>Breakfast-</b> Grilled Cheese, Fresh Fruit, Milk <b>Lunch-</b> Chicken Nuggets, Potato Wedges, Vegetables , Fresh Fruit, Milk	<b>11</b> <b>Breakfast-</b> Gogurt w/ Muffin, Fresh Fruit, Milk <b>Lunch-</b> Beef & Cheese Mac, Vegetables, Fresh Fruit, Milk	<b>12</b> <b>Breakfast-</b> Waffle, Fresh Fruit, Milk <b>Lunch-</b> Sweet & Sour Chicken, Noodles, Vegetables, Fresh Fruit, Milk	<b>13</b> Breakfast- French Toast, Fresh Fruit, Milk <b>Lunch-</b> Hot Dog, Baked Beans, Fresh Fruit, Milk
<b>16</b> <b>Breakfast-</b> Oatmeal, Fresh Fruit, Milk <b>Lunch-</b> Meatball Sub, Potato wedges, Corn on cob Fresh Fruit, Milk	<b>17</b> <b>Breakfast-</b> Cold Cereal, Fresh Fruit, Milk <b>Lunch-</b> Baked Fish, Vegetables, Fresh Fruit, Milk	<b>15</b> <b>Breakfast-</b> Fruit Bar, Fresh Fruit, Milk <b>Lunch-</b> Chicken A la Orange, Potatoes, , Vegetables, Fresh Fruit, Milk	<b>19</b> <b>Breakfast-</b> Egg & Sausage Baked, Fresh Fruit, Milk <b>Lunch-</b> Meatballs, Mashed Potatoes, Carrots, Fresh Fruit, Milk	<b>20</b> <b>Breakfast-</b> Blueberry Muffin, Bacon, Fresh Fruit, Milk <b>Lunch-</b> Grilled Cheese , Potato Wedges, Fresh Fruit, Milk
<b>23</b> <b>Breakfast-</b> Grits & Eggs, Fresh Fruit, Milk <b>Lunch-</b> Spaghetti w/ meat sauce, Bread, Vegetables, Fresh Fruit, Milk	<b>24</b> <b>Breakfast-</b> Hash brown, Fresh Fruit, Milk <b>Lunch-</b> Cheese Baked Rotini , Corn Muffin, Mixed Vegetable, Fresh Fruit, Milk	<b>25</b> <b>Breakfast-</b> Cold Cereal, Fresh Fruit, Milk <b>Lunch-</b> Meatballs Sub, Cole Slaw, Fresh Fruit, Milk	<b>26</b> <b>Breakfast-</b> Sausage Biscuits, Fresh Fruits, Milk <b>Lunch-</b> Lemon Pepper Chicken, Potatoes, Vegetables, Fresh Fruit, Milk	 ~SCHOOL CLOSED~
<b>30</b> <b>Breakfast-</b> Grits, Eggs, WG Toast, Fresh Fruit, Milk <b>Lunch-</b> Chili w/ Beans, Salad, Corn Bread Fresh Fruit, Milk	<b>31</b> <b>Breakfast-</b> Grilled Cheese, Fresh Fruit, Milk <b>Lunch-</b> Baked Fish, Brown Rice, Carrot Soufflé, Fruit, Milk			