







Mohammed Schools of Atlanta Breakfast & Lunch Menu - November-2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast – Bagel w/ cream cheese, Fresh Fruit, Milk Lunch – Shrimp and Mac n Cheese, Salad, Bread, Fresh Fruit, Milk	2 Breakfast – Cold Cereal, Fresh Fruit, Milk Lunch – Spaghetti w/ Meat Sauce Vegetables, Bread, Fresh Fruit, Milk	3 Breakfast - Toast w/ Bacon, Fresh Fruit, Milk Lunch - Turkey Hot dog, , Cole Slaw, Fresh Fruit, Milk
6 Breakfast - French Toast Sticks, Fresh Fruit, Milk Lunch - Fish Stick, Salad, Vegetables, Fresh Fruit, Milk	7 Breakfast - Gogurt w/ Muffin, Fresh Fruit, Milk Lunch - Black-eyed Peas, Cabbage, Bean Salad, Corn Muffin , Fresh Fruit, Milk	8 Breakfast - Pancake w/ eggs, Fresh Fruit, Milk Lunch - Beef & Cheese Mac, Vegetables, Fresh Fruit, Milk	9 Breakfast - Oatmeal, Fruit, Milk Lunch - Oven Fried Chicken , Tater Tots, Vegetables, Fresh Fruit, Milk	10 Breakfast - French Toast, Fresh Fruit, Milk Lunch - Turkey Sandwich w/ Soup, Fresh Fruit, Milk
13 Breakfast - Bacon w/ Hash brown, Fresh Fruit, Milk Lunch - Meatball Sub, Potato wedges, Corn on cob Fresh Fruit, Milk	14 Breakfast - Cold Cereal, Fresh Fruit, Milk Lunch - Creamy Broccoli Pasta, Vegetables, Fresh Fruit, Milk	15 Breakfast - Cereal Bar, Fresh Fruit, Milk Lunch - Jerk Chicken, Rice & Peas, Vegetables, Fresh Fruit, Milk	16 Breakfast - Sausage Biscuits, Fresh Fruit, Milk Lunch - Salisbury Steak, Mashed Potatoes, Vegetables, Fresh Fruit, Milk	17 Breakfast - Blueberry Muffin, Bacon, Fresh Fruit, Milk Lunch - Turkey Pepperoni Pizza , Salad, Fresh Fruit, Milk
20 Breakfast - Grits & Eggs, Fresh Fruit, Milk Lunch - Turkey Dressing w/ Gravy, Sweet Potato, Vegetables, Fresh Fruit, Milk	21 Breakfast - Hash brown, Fresh Fruit, Milk Lunch - Bag Lunch	22 	23 	24 
27 Breakfast - Grits & Sausage, Fresh Fruit, Milk Lunch - Swedish Meatball, Seasoned Noodles, Vegetables, Fresh Fruit, Milk	28 Breakfast - Cereal Bar w/ Gogurt, Fresh Fruit, Milk Lunch - Baked Potatoes Bar, Vegetable, Fruit, Milk	29 Breakfast - Bagel w/ Cream cheese, Fresh Fruit, Milk Lunch - Italian Pasta Bake, Broccoli , Roll, Fruit, Milk	30 Breakfast - Grilled Cheese, Fresh Fruit, Milk Lunch - Chicken Nuggets, Tater Tots, Vegetable, Fruit, Milk	

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